

CLASS DESCRIPTIONS

Acrobatics (Ages 6-18) Gymnastics passes such as cartwheels, walkovers, headstands, chest rolls, limbers, etc...

Acro Dance (Ages 7-18) incorporates hip-hop, jazz and lyrical dance moves. Acrobatic tricks, stunts, jumps leaps and turns will also be fused into the routine.

Ballet (Ages 7-Adult) Dancers will execute ballet technique including classical or contemporary ballet movement and technique.

Clogging (Ages 7-Adult) Country buck style tap technique.

Experience: 1 year of Level 1 Tap.

Combo: Ballet, Tap & Tumbling

(Ages 3-5 & Ages 6-8) Basic technique training; 20 minutes ballet (classical steps & movement), 20 minutes tap (technique in rhythms), 20 minutes gymnastic passes.

No experience required.

Creative Movement (Ages 3-5) your child will learn the basics of movement and dance through steps and body moves, plus elements of time, space, and force.

Dance Conditioning (Ages 9-Adult) focuses on strengthening and stretching parts of the body. Enhances endurance, strength, flexibility and coordination. Proper nutrition is also discussed.

Hip-Hop (Ages 7-11 & 12-Adult) Street wise jazz or contemporary jazz, considered to be hip hop or funk. Content includes replication of music video choreography.

Experience: 1 year of jazz.

Jazz (Ages 9-Adult) is a melting pot of dance, fusing Latin, Afro-Cuban, Swing, and Street Dance. Dancers execute free form movement & styling characteristics of American jazz dance.

Leaps & Turns (Ages 7-Adult) For the dancer who wants to intensify their technique in leaps, turns and learning new tricks. Highly recommended for competition students.

Contemporary Dance (Ages 9-Adult) is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet.

Experience: 1 year of Jazz or Ballet.

Lyrical (Ages 9-Adult) Consists of a combination of Jazz, Modern & Ballet technique; incorporating balance, control & interpretation.

Experience: 1 year of Jazz or Ballet.

Musical Theatre (Ages 9-Adult) Routines interpreting Broadway or movie musicals using a combination of techniques from jazz, ballet, lyrical & Hip-Hop. **Experience: 1 year of Ballet, Jazz, Hip-Hop or Lyrical.**

Pre-School Tumbling (Ages 3-5)

A good starter class to teach children to use their bodies through fun movement, games & imagination. Basic acrobatic skills to increase flexibility & strength.

Stretching (Ages 9-Adult) This soft exercise is non-strenuous, easy to do exercise that involves placing yourself in positions that allow the outside force of gravity to do the work for you enabling you to stretch all the parts of your body.

Tap (Ages 9-Adult) Technique in rhythms. Style may be stomp, soft shoe, funk & clogging.

June 5 – Aug 29 (12 Week Session)	
ONE HOUR CLASSES	
1 COURSE	\$87.00
2 COURSES	\$171.00
3 COURSES	\$252.00
4 COURSES	\$330.00
5 COURSES	\$405.00
UNLIMITED	\$477.00
SINGLE CLASS	\$12.00
PRIVATE ½ HOUR	\$18.00
PRIVATE 1 HOURS	\$36.00
STUDIO RENTAL	\$30.00 PER HOUR
REGISTRATION FEE FOR NEW STUDENTS	\$12.00

UNITED DANCE

SUMMER 2017 SCHEDULE



310 W 89TH TERRACE
 KANSAS CITY, MO 64114
 816-822-0144
 UNITEDDANCEINC.COM

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SUMMER 2017

June 5 – August 29

CLASS SCHEDULE

816-822-0144

MONDAY	Time	Studio 1	Ages	Teacher	Time	Studio 2	Ages	Teacher	Time	Studio 3	Ages	Teacher
	4:30-5:30pm	Pre-School Tumbling	3-5	Vickie	5:00-6:00pm	Combo	3-5	Andrea	4:45-5:45pm	Combo	6-8	Mimi
	5:30-6:30pm	Acrobatics Level 1	6-11	Vickie	6:00-7:00pm	Clogging	9-Adult	Andrea	5:45-6:45pm	Ballet	7-11	Paula
	6:30-7:30pm	Acrobatics Level 2	6-11	Vickie	7:00-8:00pm	Ballet	12-Adult	Paula	6:45-7:45pm	Hip Hop	7-11	Dominique
	7:30-8:30pm	Acro Dance	7-18	Vickie	8:00-9:00pm	Pointe	12-Adult	Paula	7:45-8:45pm	Contemporary	9-Adult	Dominique
	8:30-9:30pm	Acrobatics Open	12-18	Vickie								
TUESDAY	Time	Studio 1	Ages	Teacher	Time	Studio 2	Ages	Teacher	Time	Studio 3	Ages	Teacher
	4:30-5:30pm	Creative Movement	3-5	Vickie	5:00-6:00pm	Musical	9-Adult	Mimi				
	5:30-6:30pm	Tap	9-Adult	Vickie	6:00-7:00pm	Combo	3-5	Mimi	5:45-6:45pm	Lyrical	9-Adult	Paula
	6:30-7:30pm	Dance Conditioning	9-Adult	Andrea	7:00-8:00pm	Hip Hop	12-Adult	Kim	6:45-7:45pm	Leaps & Turns	7-11	Paula
	7:30-8:30pm	Jazz	9-Adult	Mimi	8:00-9:00pm	Stretching	9-Adult	Vickie	7:45-8:45pm	Leaps & Turns	12-Adult	Paula

